Health and Safety Policies

for

Camp Cris Dobbins

and

Camp Cortlandt Dietler

Health and Safety

Youth Protection Training for Adults

All registered leaders listed on the Unit Adult Registration form and who will be remaining on the ranch for more than 24 hours must have a current Youth Protection Training Certificate. Certification is valid for two years. Leaders who have not been through the training will be required to take youth protection training when they arrive at camp. This requirement is to be verified by the Scoutmaster before camp.

Youth Protection Guidelines for Camp

- **Sleeping Arrangements.** Adult leaders and Scouts must sleep in separate tents. An adult leader may sleep with his/her son, but not with other youth. All Scouts must have at least one tent-mate.
- **Showers and Locker Rooms.** Anyone over the age of 18 must use designated adult shower facilities, located in Gilwell Hall or establish separate adult/youth shower times at the campsite. Youth shall not use adult facilities.
- **Discipline and Treatment.** Scouts will not be subjected to physical harm or discipline, fear, or intimidation. Scouts will not be roughly handled, struck, or shaken. Separation will be brief and appropriate to the age and circumstance, and in a safe and comfortable place within hearing distance of an adult. Meals may not be denied as punishment.
- **Language.** Verbal abuse, discriminatory or derogatory remarks, and off-color conversation shall not be tolerated.
- **Leader Conduct.** Adult leaders should avoid unnecessary or inappropriate physical contact with Scouts. Two-deep leadership is required. Any one-on-one meeting must be held in a public setting.
- **Abuse to be Reported**. Any adult leader who becomes aware of actual or possible child abuse is required by Colorado law to make a report. Contact ranch management immediately. They will evaluate the situation, and proceed in accordance with legal requirements, and BSA policies.
- **Discrimination.** Peaceful Valley Scout Ranch and the Denver Area Council, B.S.A. is an equal opportunity facility that does not discriminate on the basis of age, sex, color, race, creed, or religion. All participants shall observe this code while on the ranch.

Health and Medical Information

All participants (youth and adults) attending Cris Dobbins/Camp Dietler must complete an Annual BSA Health and Medical Record form. In additional to the medical form, Scouts must also complete the Colorado supplement form. These forms are available at the Frederic C. Hamilton Scout Headquarters or on the website, www.denverboyscouts.org/camping.

All campers and leaders staying at camp 72 hours or more must complete Parts A, B and C of the Annual BSA Health and Medical Record. Adult leaders staying at camp less than 72 hours must provide Parts A and B medical history, a brief health history that does not require a physician's signature.

Youth participants will individually turn in their Parts A, B and C of the Annual BSA Health and Medical Record and the Colorado supplement form when they go through the check-in process. To ensure that forms are available, most troops collect the forms before camp; however, you must then distribute them back to the Scouts for the medical check-in. Adult leaders must also turn in their medical form during check-in or upon arrival at camp if not with the unit.

Shortly after check-in, the medical director will give the unit leader a written list of participants with incomplete or missing medical records. The unit leader will be asked to take the necessary steps to correct deficiencies within 24 hours.

If by 5:00 pm on Monday, a youth participants is still without a **COMPLETED** Annual BSA Health and Medical Record and/or the Colorado supplement form, the youth must be picked up Monday night by the parents, or taken home by unit leaders. Fee is non-refundable.

Medical examinations for youth and adults are good for one year from the date of the doctor's examination. It is the responsibility of the Scout or troop to make copies of the medical form for future use. All medical forms become the property of the Denver Area Council and will **NOT** be returned to you at the end of the week. Copies of the medical forms can be made by the office for a small fee. Medical forms used last year are archived and not available for use in the following season. All participants must provide a completed medical form for every year they attend camp.

Medications

Under Colorado Law, medications for youth must be securely stored and dispensed by the camp medical staff. All medications must be turned into the camp medical staff and then dispensed to the campers by the camp medical staff. During the check-in process, all Scouts must individually check in all their medications. If a unit leader before arrival collects medications, please distribute them back to Scouts at check-in time. Inhalers, epi-pens, bee-sting kits or similar emergency items will be inspected at check-in, but can be held by the Scout.

All medications checked in must be in the original containers, marked with the Scout's name and troop number and original medication information. Do not cover up the information and instructions on the medication. Dosages and schedules to be followed in camp must be the same as on the package; changes must be stated in writing. Medication in pillboxes and non-original containers will not be accepted**. Please send only enough medication for the doses that will be administered for the**

week. The camp medical staff will work with the Scoutmaster to ensure that Scouts are taking their medications. The Scoutmaster will be notified if any Scouts miss their medication. Scouts who miss three medication times will be sent home.

Emergencies & Medical Care

Every precaution is taken to insure a healthy and safe camping experience for all Scouts attending Peaceful Valley Scout Ranch. However, accidents do occur. The ranch medical staff will be responsible for initiating care of all medical situations. Basic treatment within the scope of the camp medical staff will be provided at no additional cost.

The medical staff is available at all times. Unit leaders should contact the medical staff or any Leadership Team member for assistance, **EVEN IN EMERGENCIES**. The Ranch Director and Medical Director are the individuals that are authorized to call 9-1-1 on our ranch and should be the only ones to do so in an emergency. Should a non-emergency problem arise, such as an illness that is beyond the scope of our medical technicians, we will contact the parents and unit leader. The parents and unit leaders must then arrange for care, and transport the Scout to a medical facility. We are not able to provide transportation for such situations. The costs of such care must be paid by the parents or unit leaders; insurance claims are filed by the parents. In the event of an injury or illness requiring immediate specialized medical attention, the care of your Scout will be turned over to emergency medical personnel, who may require the use of ground or air ambulance service at their discretion. All expenses associated with medical care are the responsibility of the Scout's parent(s) or guardian(s). The providers will bill the responsible party.

Peaceful Valley Scout Ranch Emergency Procedures

Emergency medical services are available at all times on the ranch. **If you need medical treatment of any kind, find a Leadership Team member to help you.** The ranch has an established link to authorities.

Severe Weather

In the event of severe weather, follow these guidelines: Seek shelter in buildings or tents. Stay out of open areas. Stay off the lakes and out of the pool. The area directors can inform you of more specific safety precautions at each area. When in doubt, ask a camp Leadership Team member. Program areas may be closed and the pool and lakes will close for a minimum of 30 minutes after thunder and 1 hour after lightning.

Lightning

If lightning becomes a serious threat, immediately take precautions. Get out of open areas, and off of high ridges. The best shelter is in a nearby building. Do not cross a large open area to get to a building if the storm is close! If a building is not available, seek shelter in the "cone of safety" extending down at a 45-degree angle from a cliff face, but don't contact the cliff. Stay in dense forest areas. Don't be the highest point in an open area! Avoid close proximity to walls, fences, plumbing, tent poles, trees, or large metal objects. Avoid shallow depressions. Remove packs with frames. A group of people should spread out. Unless in a building, squat down on only your feet. If strikes are near, keep your mouth open to minimize ear damage from pressure change.

Tornado

In the event of a tornado, you will hear a wavy tone on the camp emergency siren. If you can do so safely, make your way to Gilwell Hall, located under the Dining Hall. If there is an immediate danger, lie flat in the nearest ditch or depression. When you hear a steady siren, return to Gilwell Hall (the basement of the Dining Hall) and wait for instructions from the camp Leadership Team. Bring your unit roster so you can complete a roll call. DO NOT SEEK SHELTER IN ANY BUILDING BUT GILWELL HALL!

Fire

If you see or suspect a fire, notify the camp Leadership Team immediately. Do not try to put out the fire yourself. If a serious fire has been reported, you will hear a steady tone on the camp emergency siren. Go immediately to the McKenzie Range (the main flagpoles) and stay off roadways, so that emergency vehicles may pass quickly and safely.

Lost Person

For a lost person, check their tent and surrounding campsite. Then check their last known program area or location, and the trading post. If the person cannot be found promptly, immediately notify the camp Leadership Team while continuing to search.

Carry Car Keys and a Troop Roster

When we assemble after an emergency, we will ask unit leaders to account for all those on your roster. The process will go quicker if you have a roster copy. Adults should always carry a roster while in camp. If it becomes necessary to evacuate camp, we will rely on your drivers for transportation. You may not be able to return to the campsite. Drivers should carry their keys at all times.

Contacting Families in an Emergency

If your troop should have a need to contact the families of campers, we recommend you set up a "phone tree" suitable to your situation, so that a unit leader can contact one or two people back home, and they can contact families. The unit leaders should carry this information with them at all times.

Peaceful Valley Scout Ranch Emergency Drill

On opening day of each camp program at the parent/leader meeting, the camp director will review camp emergency procedures as listed above. With respect to emergency drills, the parents/leaders will be informed that the camp will have an emergency drill at the first flag ceremony on Sunday night.

Accident and Sickness Insurance

The Denver Area Council has purchased accident and sickness insurance for every Scout and leader. This coverage is excess insurance to any health or accident insurance that a family may already have in place. This coverage is primary only if no other insurance is available. This insurance covers all authorized camp program activities while in camp. This insurance does not cover the co-payments for a family's primary insurance. All claims are handled directly with the insurance company. For questions, contact Valerie Villanueba at the Frederic C. Hamilton Scout Headquarters, 303-455-5522 x 2107.

Motor Vehicles

At all times, including check-in and check-out, only one vehicle per unit will be allowed on the service road to the campsite; please do not leave the roadways or drive directly into your campsite. A unit trailer may be kept in the parking area at the campsite. All other vehicles must park at the Camp Dobbins parking area. Campers and motor homes are not allowed at this parking area, but can be parked at the Camp Dietler parking area. There are no hookups or dumping stations however. Vehicles should not be moved during the week.

Drivers should keep their car keys with them at all times so they can assist in emergency evacuations. If you have a Scout or adult with special mobility needs, a permit can be obtained from the office to drive this individual around the ranch.

Scouts and leaders are prohibited from riding in the back of pickup trucks or trailers. Each occupant of a vehicle should have a proper seat and use a seat belt. Drivers of vehicles must be at least 18 years of age, with a current driver's license. The maximum speed limit for vehicles on camp is 15 mph.

Unit Leader First Aid

We encourage you to provide first aid for minor cuts, small blisters, etc. using your unit first aid kit. For anything more serious, and any situations requiring medication, please use the Medical Lodge -- while in camp, you must operate under Colorado Child Care regulations, and are prohibited from dispensing medications. Watch for symptoms, including the most common ailments of dehydration, nosebleed, hypothermia, and diarrhea. We recommend that every unit have one adult leader in camp that has training equivalent to the First Aid Merit Badge. The Red Cross offers several excellent "Community First Aid" courses.